Assumption University
Theodore Maria School of Arts
Department of Business English

Course Outline 2/2026

Course : EIB2202 English Essentials for Healthcare and Nutrition
Credit : 3
Status : Business Language Elective (Professional Track)
Prerequisite : ELE 1002 Communicative English II
Lecturers : A. Sethawut Techasan (sethawuttch@au.edu)
Sections : 401

Course Description:
General concepts of healthcare and nutrition, including essential medical and nutritional terminology. Enhancement of English communication in diverse healthcare and nutrition environments, including healthcare communication, medical consultation, and patient education.

Course Objectives:
The objectives are:
1. To provide general concepts of healthcare and nutrition, as well as upcoming trends in health and wellness industry.
2. To develop communicative English skills in healthcare and nutrition contexts.
3. To familiarize students with terminology related to healthcare and nutrition.
4. To train students to read nutrition fact, medicine label and medical checkup result.

Course Learning Outcomes:
Students are able to:
1. explain general concepts and terminologies of healthcare and nutrition
2. describe symptoms and medical conditions.
3. identify key information on nutrition facts labels, medicine labels, and medical checkup reports.
4. use appropriate English to communicate effectively in common healthcare and nutrition-related situations.
5. apply information from health-related texts to make appropriate decisions in real-life contexts.

Teaching-Learning Activities:
Lectures, group discussions, assignments, role-play, and presentations

Textbooks & Resources:

1. Brett, A. (2022). The Incredible Human Body Tour. Lonely Planet Kids.
2. Choudhury, B. (2021). Findout! Human Body. Penguin Random House.
3. Grice, T. & Greenan, J. (2008). Oxford English for careers: Nursing 2. Oxford University Press.
4. McCarter, S. (2010). Oxford English for careers: Medicine 2. Oxford University Press.
5. Sappapan, P. (2021). English for Health Care. (4th ed.). Thammasat University Press.
6. นิชดา พงษ์ธัญญกรณ์. Medical English for Healthcare Professionals ภาษาอังกฤษทางการแพทย์ (พิมพ์ครั้งที่ 3). กรุงเทพฯ: สำนักพิมพ์แห่งจุฬาลงกรณ์มหาวิทยาลัย 2569.

Course Requirements:
- 80% attendance (maximum absence = 6 times)
- Active class participation

Mark Allocation:

- Attendance and class participation	50 marks
- Assignments, roleplay, and presentations	450 marks
- Midterm Examination	200 marks
- Final Examination	300 marks
Total	1,000 marks

Grading system:

A 85-100%	A- 82-84%	B+ 79-81%	B 75-78%	B- 72-74%
C+ 69-71 %	C 65-68 %	C- 62-64 %	D 50-61 %	F 0-49 %

Study Plan and Schedule:

Weeks	Topics
1	Course introduction Cell, tissues, organs, and human body systems
2	Brain and nervous system
3	Digestive system
4	Musculoskeletal system
5	Cardiovascular and respiratory system
6	Urinary system
7	Immune system and Lymphatic system
8	Medicine and Drug labels
Mid-term Examination [January 11, 2027 : 12:00-14:00] *Remark : Please check again with the Office of the Registrar.*	
9	Patients' symptoms and medical condition
10	Hospital and Clinical Departments
11	Hospital Conversation
12	Physical Examination
13	Macronutrients and Micronutrients Nutrition Facts
14	Special diets and alternative medicine
15	**Role-Play Presentation**
Final Examination [March 12, 2027 : 9:00-12:00] *Remark : Please check again with the Office of the Registrar.*	

*** Last day to withdraw with "W" = ***February 19, 2027***